

PAIN INTENSITY

The following words represent pain of increasing intensity.

Rate your AVERAGE pain intensity level or the amount of pain intensity level below

PAIN INTENSITY DESCRIPTION SCALE

No Pain	Annoying	Troublesome	Miserable	Excruciating	Intolerable					
0	1	2	3	4	5	6	7	8	9	10
	Mild	Discomforting	Distressingly Intense	Horrible	Unbearable					

- A. Present pain level: _____
- B. Least pain level: _____
- C. Worst pain level: _____
- D. Pain level prior to injury/accident: _____
- E. Pain level needed to return to work and/or productive life activity: _____
- F. How likely is it that you will attain the return to work and/or productive life activity pain level described above? ___Likely ___Unlikely ___Undecided

PAIN RELATED PSYCHOSOCIAL PROBLEMS: *Check all that apply*

What psychosocial problem(s) do you have, if any, that occurred as a result of your injury/accident?

What psychosocial problems(s) did not pre-exist the injury/accident?

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|---------------------------|-------------------------|-----------------------------|--------------------------|
| _____ Low Energy Level | _____ Planning | _____ Stress | _____ Finances |
| _____ Impatient | _____ Suicidal Attempts | _____ Alcohol Abuse | _____ Relationship |
| _____ Judgment | _____ Anger | _____ Marriage Difficulties | _____ Personality Change |
| _____ Depression | _____ Cynical | _____ Worry | _____ Blaming |
| _____ Confused | _____ Memory | _____ Phobia | _____ Strange Thoughts |
| _____ Panic Attacks | _____ Feeling Lonely | _____ Drug Abuse | _____ Self Esteem |
| _____ Concentration | _____ Irritability | _____ Sleep Problems | _____ Work Fears |
| _____ Suicidal Thoughts | _____ Bad Attitude | _____ Despair | _____ Unsocial |
| _____ Guilt | _____ Attention Span | _____ Hostility | _____ Problems |
| _____ Sexual Difficulties | _____ Anxiety | _____ Suspicious | _____ Trouble |
- Communicating
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